**COVID-19 Policies and Procedures at St. Andrews University,**

**(a branch of Webber International University).**

**Updated August 2023**

As you know, COVID cases are on the rise all over the country. Since the beginning of the COVID outbreak, St. Andrews University has followed well researched, scientifically grounded guidance to help mitigate this risk. Based on current and authoritative government-issued health standards and guidance issued by the State of North Carolina and/or the United States Centers for Disease Control and our Scotland County Health Department, the following procedures are effective at the residential Laurinburg campus of St. Andrews.

Stay up to date with COVID-19 vaccines and maintain basic health and hygiene practices like handwashing.

If you have <u>symptoms</u> (sore throat, nasal congestion, loss of taste/smell, fever, chills, nausea):

1. Notify these people:
   - Robin Lea –Health and Wellness – [learr@sa.edu](mailto:learr@sa.edu) – (910) 277-5149
   - Hannah Gawor – Head Athletic Trainer – [hannahg@sa.edu](mailto:hannahg@sa.edu) - (216-926-7898)
2. Test right away.
   - Campus Security (910-280-2895) can help provide transportation for FREE testing at Scotland County Health Department.

If you <u>test positive</u>:

1. Isolate for 5 days until you are fever free for 24 hours without fever reducing medicine.
2. Notify people you have been in contact with in the last 5 days to let them know that you have been exposed.
3. Wear a mask for 10 full days when around others.

If you have been <u>exposed</u>:

1. Get tested at least 5 days after you have been exposed.
2. Watch for symptoms for at least 10 days.
3. Wear a mask for 10 full days.

<u>Link to CDC</u>

[https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html)