



St. Andrews
UNIVERSITY
A Branch of Webber International University

Occupational Therapy Assistant Program

Personal Statement & Supplementary Essay Examples

Your personal statement and supplementary essay should describe what appeals to you about occupational therapy (OT), and why you want to study this subject at university level. Use the following questions to help you write the essay and formulate your personal statement:

- Why do you think you would make a good BSOTA candidate?
- What skills and experience can you bring to help you in your coursework and when you graduate and become an OTA?
- Why have you selected OT as a career?
- How does an Occupational Therapy degree relate to your immediate and long-term professional goals?
- How will your personal, educational, and professional background help you to achieve your goals?

When writing the essay, be sure to keep it concise. Before you submit the essay, remember to edit it one, two, even three times to ensure there are no spelling mistakes, missing punctuation, or grammatical errors.

Personal Statement Do's & Don't

DO	DON'T
demonstrate through your writing that you know what OT is and why it's important.	plagiarize
showcase why you'll make a great addition to their program. Be sure to include any unique qualities that will differentiate you from the other applicants.	be a downer. Avoid going into detail about your dislikes, negative views, or problems in your life.
talk about your shadowing experience, volunteering and work experience that is relevant to the field of OT.	guess what you think the reader wants you to say. Be honest and don't write in a way that is out of line with who you really are.
tie your personal statement together. If you make several different points, try to piece them together for the reader to show that you've really thought through the big picture.	write an autobiography. Focus on college and post college achievements unless something in your childhood or adolescence is what drove you to a career in occupational therapy.
have at least two people (but the more the better) read and proofread the final draft of your statement. Ask friends, family members, and someone at your school's writing center. This can help spark ideas and ensure your application is completely free of typos.	